



2020 Undergraduate Former Student Survey Food Insecurity

In an effort to learn more about former undergraduate students' experiences while at Texas A&M University and the role their education has played since graduation, a survey was sent to students who graduated from Texas A&M University with a bachelor's degree in 2012, 2015, and 2018. A total of 2,564 former students responded to the survey, representing a response rate of 8%*. Former students were asked about food insecurity while at Texas A&M University. The questions used a scale of 1=Never, 2=Rarely, 3=Occasionally, 4=Somewhat Often, 5=Often, and 6=Very Often.

Figure 1: I ate less than I felt I should because there wasn't enough money for food

Figure 1 indicates that LGBTQ+, Multiracial, and Latinx students were most likely to report eating less because they did not have enough money for food, although all groups' means were close to the "rarely" response. About 15% of LGBTQ+, 14% of Multiracial, and 9% of Latinx students often or very often ate less because of lack of funds for food.

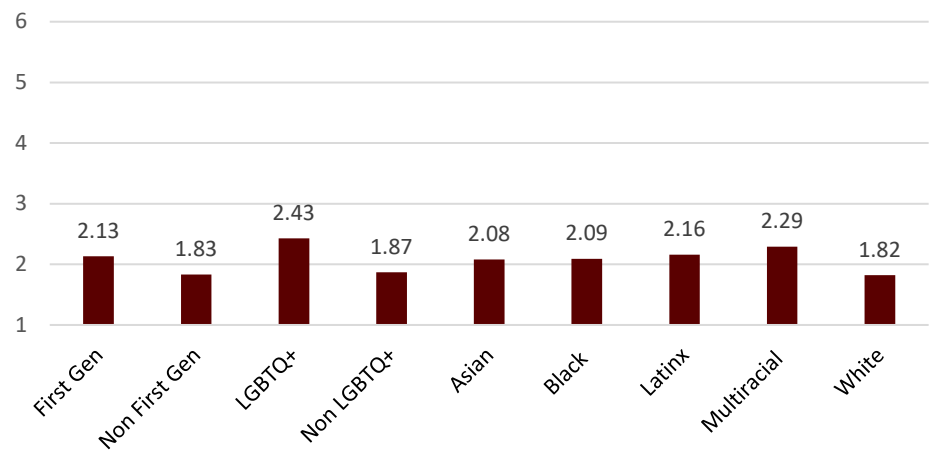


Figure 2: I couldn't afford to eat balanced meals

Figure 2 shows that LGBTQ+, Multiracial, Latinx, and First Generation students felt like they could not afford balanced meals, more than other demographic groups. About 19% of LGBTQ+, 18% of Multiracial, 15% of Latinx, and 15% of First Generation students often or very often could not afford to eat balanced meals. The groups' means were between "rarely" and occasionally."

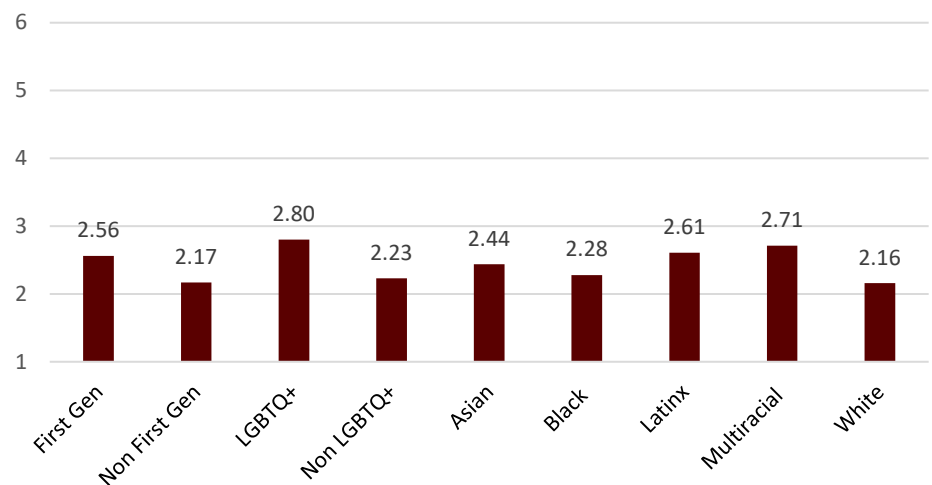




Figure 3: I cut the size of meals or skipped meals because there wasn't enough money for food

Figure 3 illustrates LGBTQ+, Multiracial, Latinx, and First Generation students reported cutting or skipping meals because of lack of money, more than other students. Although the groups' means hovered around "rarely," about 12% of LGBTQ+, 6% of Multiracial, 9% of Latinx, and 7% of First Generation students often or very often cut the size or skipped meals.

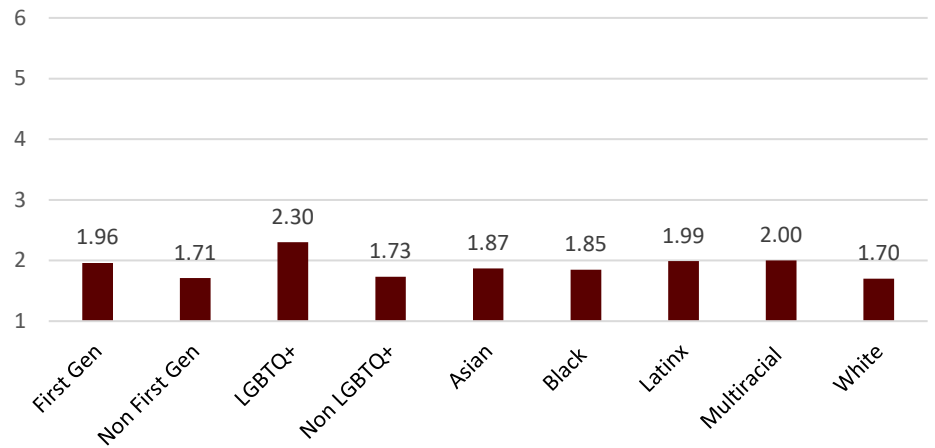


Figure 4: I didn't eat for a whole day because there was not enough money for food

Figure 4 shows that LGBTQ+ students were most likely to report not eating for a whole day for lack of funds, slightly more than the other demographic groups. Almost 5% of LGBTQ+ said they very often did not eat for a whole day, followed by 4% of Black students. The groups' means were between "never" and "rarely."

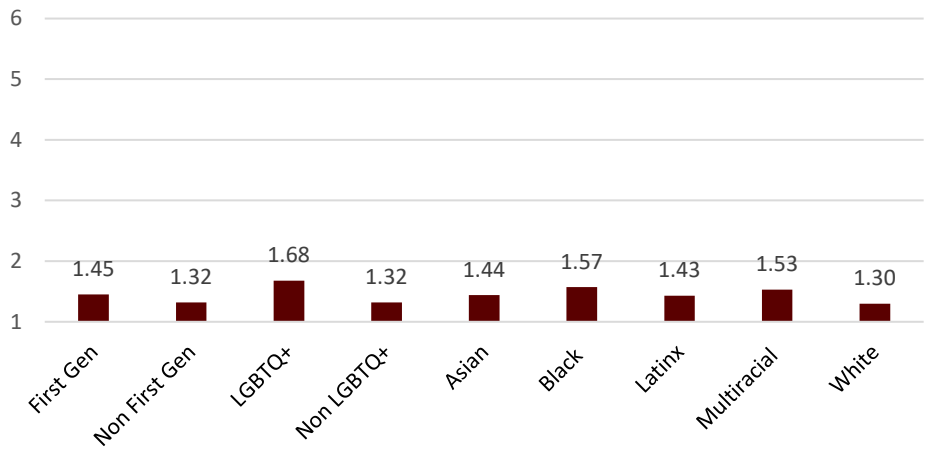




Figure 5: I was hungry but didn't eat because there wasn't enough money for food

Figure 5 indicates that LGBTQ+ students were most likely to go without food because of lack of money, compared to their peers. About 11% of LGBTQ+ students often or very often went hungry, while 10% of Multiracial students often went hungry (none responded very often). The groups' means hovered around "rarely."

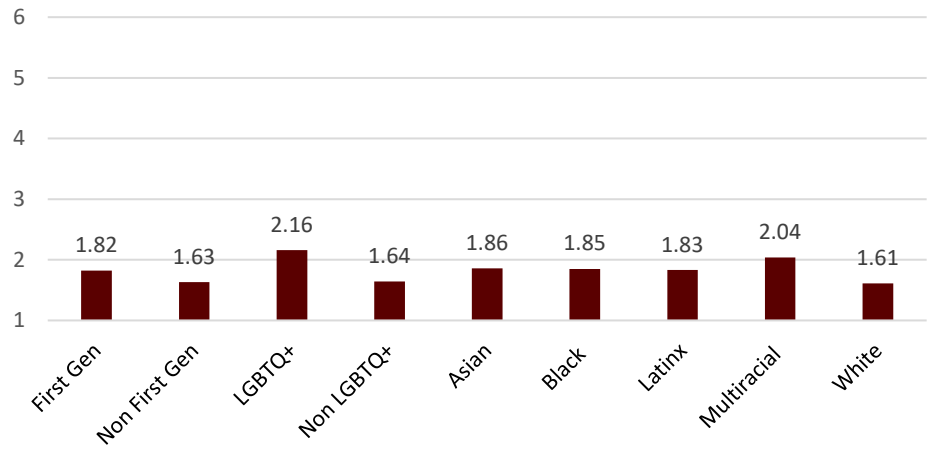
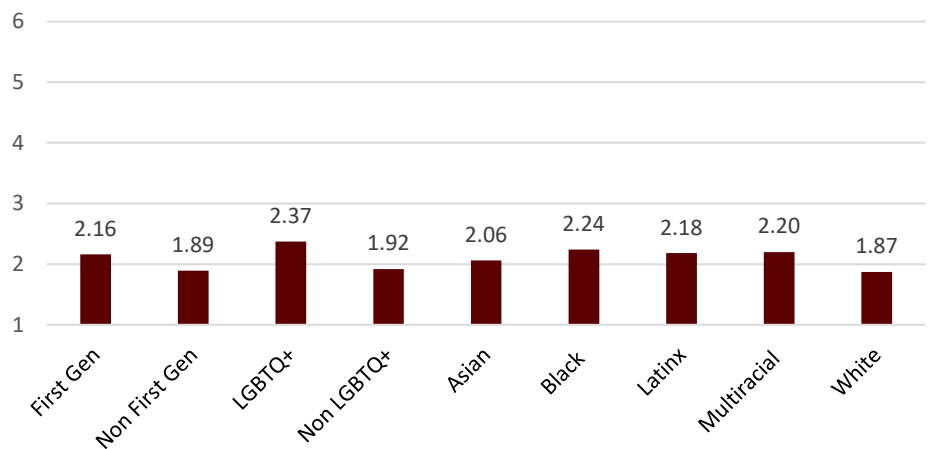


Figure 6: The food that I bought just did not last, and I didn't have money to get more

Figure 6 illustrates LGBTQ+ students were most likely to say that they did not have money to buy more food when it ran out. About 9% of LGBTQ+ and 6% of Black students said they often or very often ran out of food without money to purchase more. The groups' means were close to "rarely."



*Note: The survey was open from 2/18/20 to 3/17/20. Unknown/Not Reported responses are not included in this report. Multiracial=Multi-racial excluding Black. Black=Black or African American. Latinx=Hispanic or Latino. Because of small cell size, American Indian/Alaskan Native and Native Hawaiian/Other Pacific Islander are not included in this report. In addition, group sizes ranged from 51 to 1,870.

FOR MORE INFORMATION



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